



# SPORTS ACADEMY

*Every Student participates at his/her best!*

## 2017-2018 School Year

### Fall Sports

- ( ) Surf (Co-Ed)
- ( ) Volleyball (G)
- ( ) Cross Country (Co-Ed)

### Winter Sports

- ( ) Basketball (B)
- ( ) Field Hockey (G)
- ( ) Cheerleading (G)

### Spring Sports

- ( ) Soccer (Co-Ed)
- ( ) Surf (Co-Ed)
- ( ) Basketball (G)

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_

### PROCESS:

Attend Parent Orientation (see established date and time on sports flyer) and **complete registration packet prior to first practice/tryout**. Checks may be made payable to "Boys & Girls Club of Oceanside" or "BGCO." In order to be eligible for team participation, payment must be submitted by the first practice. Financial Assistance is available. Please complete attached scholarship application. Each sport must have a minimum number of participants for program to proceed.

### FEES:

There is a \$175 fee per sport, and this includes a uniform to keep. Refunds will not be issued once practice has started.

### TRANSPORTATION:

Parents and students are to arrange transportation to and from practices and games. Coaches aren't permitted to transport players to and from practice/games.

### BGCO CONTACT INFORMATION:

Ashley Hayes  
Sports Coordinator  
[ahayes@bgcoceanside.org](mailto:ahayes@bgcoceanside.org)  
(760) 90882393

Hillary Adams  
Director of Operations  
[hadams@bgcoceanside.org](mailto:hadams@bgcoceanside.org)  
(760) 433-8920



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## Middle School Sports

### Code of Conduct

#### (Athletes, Coaches, Fans)

By participating on an athletic team or attending an athletic event, athletes, coaches and fans (including family members and friends) agree to abide by the following Code of Conduct. Violation of the Code of Conduct may result in suspension and/or expulsion from current or future athletic practices, games/matches and teams. Additionally, any awards may be withheld and the athletic fee will be retained by the Club. Decisions by the BGCO Director of Operations are final.

As an athlete, coach or fan, I agree to:

- Be courteous and respectful at all times (with Club staff, coaches, opponents, game officials and fans)
- Exercise self control
- Be familiar with all rules of contest
- Refrain from the use of foul or abusive language
- Respect the integrity and judgment of officials
- Refrain from use of illegal and non-prescription drugs, steroids or any substance that is not approved by the United States FDA, Surgeon General of the United States or the American Medical Examination
- Encourage academic success before athletic participation. All athletes are expected to maintain a 2.0/70% minimum grade point average to be academically eligible
- Do my best at all times with the understanding that playing time is not guaranteed
- Win with character, lose with dignity

If you have any questions regarding the Code of Conduct or any other aspect of the athletic program, please do not hesitate to contact Director of Operations, Hillary Adams (760)433-8920, ext. 102.

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Signature of Parent/Guardian

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Date

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Signature of Athlete

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Date

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Signature of Coach

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Date



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## Middle School Sports

### Frequently Asked Questions

#### **What is the time commitment for each season?**

Each sport lasts approximately 8-10 weeks. Practices are held after school. The combination of practices/games is no more than 4 times/week. Coaches will determine practice schedule.

#### **When are tryouts?**

Tryouts for fall sports are in August, winter sports in December, and spring sports in March (subject to change). Specific days and times of tryouts will be available prior to tryouts.

#### **What does my child need in order to tryout?**

In order to tryout, athlete must turn in the completed registration packet. Packets will be distributed at the parent orientation, available on the BGCO website and on site with coaches and the RMS front office.

#### **When is my payment due?**

Payment is to be submitted on the first day of practice. We accept cash, cards & checks (payable to Boys & Girls Clubs of Oceanside or BGCO) on the first day of practice. Financial assistance is available.

\*If you are unable to pay the full \$175 at the first practice, you will need to arrange a payment plan with us prior to the first day of practice.

#### **How does my child get to away games?**

It is the responsibility of the athlete and his/her parent(s) to arrange transportation to and from practices and games. It is recommended for parents to arrange carpools within the teams. For a non-relative to pull a student out of class in case of a game or meet, the adult must be added on the emergency contact list in school records for the student.

#### **Is my child guaranteed playing time?**

Because this is a competitive sports program, playing time is at the coach's discretion.





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### Permission Slip

(Child's name) \_\_\_\_\_ has my permission to participate in the Roosevelt Middle School sports activity managed by the Boys & Girls Club of Oceanside.

I agree to release the Boys & Girls Club of Oceanside from any liability due to accident or injury to my child as a result of their participation. I understand that the Boys & Girls Club of Oceanside is not responsible to arrange transportation for my child to and from sports activities. It is the duty of student athlete's guardian to arrange transportation to and from the athletic facility, and notify the school office of these arrangements when necessary.

In case of an emergency, if I am unable to be reached and in doing so, I give my permission for the Boys & Girls Club of Oceanside to have my child treated by medical professionals as needed. I agree to release the Boys & Girls Club of Oceanside from any liability from this treatment.

I agree to defend, hold harmless and release the Boys & Girls Club of Oceanside, its officers, agents and employees from any and all lawsuits, damages, claims, judgments, loss, liability or expenses arising out of (1) any death or personal injuries or property damage that I or my child may sustain while attending athletic events or (2) any death or injury which results or increases by any action to medically treat my child. By signing below, I release the Boys & Girls Club of Oceanside of any liability due to accident or injury.

**\*\*No child will be able to participate without a signed permission slip. All Boys & Girls Club of Oceanside rules are in effect. Any athlete who violates Boys & Girls Club of Oceanside rules may be eliminated from future athletic participation for the 2016-2017 school year.**

\_\_\_\_\_  
Parent or Guardian Name (PRINT)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Guardian Name (SIGNATURE)

\_\_\_\_\_  
Phone Number

## Boys & Girls Club's Sports Academy Informational Handbook



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**MISSION STATEMENT:** Our Sports Academy is community-oriented and developed to provide an opportunity for youth, to develop skill, sports comprehension, and teamwork in a constructive environment.

**PURPOSE OF YOUTH SPORTS:** The youth program offers a wide array of organized athletic events for youth to help them develop motor and tactical skills, as well as to enhance emotionally and socially. The sports program provides opportunities for youth to have create relationships with other youths, volunteer leaders, and youth program staff. It also provides opportunities for parents to socialize with other parents and for adults to contribute to the community by serving as volunteers in youth programs.

**PROGRAM PHILOSOPHY:** The philosophy of the Boys & Girls Clubs of Oceanside Sports Academy is to teach the basic skills which young people need to play various youth sports in a safe and nurturing environment. While this is a competitive program, it is most importantly a developmental program. Every youth participant has the right to have fun while participating in the program, and we will not tolerate any inappropriate behavior that jeopardizes a youth's well-being and athletic experience.

**DESIRED OUTCOMES:** The outcome we desire to achieve through the youth sports program includes: skill improvement by every child who participates, acquisition of sport specific assets, and a demonstrated reflection of fun through smiles, laughter, and newly acquired friendships.

**INITIATIVES THAT SUPPORT DESIRED OUTCOMES:** All coaches and parents are encouraged to "buy in" to the program philosophy and mission. By doing this they will put the kid's needs first which will result in each youth having a fun and positive sports experience.

**COACH/VOLUNTEER RECRUITING PROGRAM:** An active volunteer coach recruitment program is utilized to recruit volunteers as coaches and assistant coaches for our programs. Once recruited all volunteers will be required to fill out a volunteer application form and be required to undergo a background check.

**DISCIPLINARY PROCEDURE FOR PARENTS/PLAYERS/SPECTATORS:** Parents are expected to abide by the Parents Code Of Conduct (to be signed in the Sports Academy Packet) throughout the season by practicing good sportsmanship at all times. The officials will also ensure all parents are acting appropriately by issuing warnings to parents who are acting inappropriately at games. In extreme cases the official will eject the person and the person will be asked to leave the facility or have the police called to escort them away from the facility.

**PROVIDING A SAFE PLAYING ENVIRONMENT:** The Director of Operations, Athletic Coordinator, coaches, and officials will ensure all areas are safe for children to play on. Annual inspections are done at all facilities and continuous upkeep is scheduled. Parents, coaches, and players are asked to assist in this effort by reporting safety hazards, by picking up litter, debris, and items that could



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pose potential safety risks to participants. Every child has a right to safe play conditions, therefore prompt action is requested to report any safety concerns to the recreation department staff.

**SAFETY AND RISK MANAGEMENT:** The following written guidelines are provided to ensure all participants in the youth sports program are at the lowest possible risk of injury, safety concerns, and have the highest potential for enjoyment in their youth sports experience:

**BANNING OF RAPID WEIGHT LOSS/GAIN SOLELY FOR PARTICIPATION IN YOUTH SPORTS:** Under no circumstances will any Boys & Girls Club youth sports program be offered which requires pre-determined weight limits or encourages unhealthy weight loss or gain in order to participate.

**PUNISHMENT OF OPPONENTS THROUGH PHYSICAL CONTACT OR EXCESSIVE SCORE DOMINATION:** Under no circumstances will coaches or players attempt to inflict punishment (physical, psychological, or emotional) by excessive physical contact or by purposely running up a score to humiliate the other team. In addition, no coach will punish a player by forcing him or her to complete physically exerting activities as a means of punishment. Positive sportsmanship and conduct is to be exemplified at all times during athletic participation.

**PROHIBITION OF SINGLE SPORTS SPECIALIZATION AS A CONDITION OF PARTICIPATION:** Neither the league nor its coaches will require any youth to limit his or her sports participation to a single sport as a condition of participation. As well, no league within the Sports Academy may require sports specialization. In addition to prohibiting sports specialization, coaches should not attempt to label a youth as a set position, such as “shortstop, pitcher, catcher, attacker, etc.” Coaches and parents should encourage youth to play and learn a variety of positions for each sport the youth participate in, to enhance motor skills and overall sport comprehension.

**EQUIPMENT DESIGNED TO ENSURE INJURY REDUCTION:** Whenever possible equipment and supplies purchased for the youth sports program should meet age requirements and be designed to reduce injuries.

**FIRST AID KITS:** All coaches are provided a first aid kit.

**UNSAFE PLAYING CONDITIONS:** The Boys & Girls Club Sports Academy will cancel or postpone any game, practice, or sports event when the conditions are determined to be unsafe for use. In the absence of an administrator, coaches or officials should use common sense and consider the safety of players, parents, and coaches in determining if fields are safe to play on. Under no circumstances will fields be used when there is thunder or lightening in the vicinity or other conditions may persist that would increase the chance for injury.

## **General Agency Policies:**

**PARTICIPATION IN SEVERAL PROGRAMS:** The Boys & Girls Clubs of Oceanside Sports Academy encourages youth to participate in a variety of sports offered. This will ensure a well-rounded



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recreational/educational experience enhancing development of numerous assets critical to developing successful adults.

**EXCUSED ABSENCES:** Sports is only one part of a youth's life and no coach shall punish a youth in any way if he or she misses practice or game due to family related activities and events such as church, school, etc. These will be considered excused absences and may not result in punishment to the youth such as less playing time, extra practice, physical punishment (laps, pushups, etc.).

\*The Sports Academy encourages all guardians to make coaches or the Athletic Coordinator aware of any possible absences for our records, as well ensure the safety and known whereabouts of our student-athletes.

**OPEN PARTICIPATION:** It is the policy of the youth Sports Academy that no child will be excluded from the league due to his or her race, creed, sex, economic status, financial ability to pay (payments plans must be arranged with Boys & Girls Clubs of Oceanside) prior to first day of practice, or athletic ability.

**RECRUITMENT OF QUALIFIED VOLUNTEERS:** There will be no discrimination in any way of qualified individuals to coach and volunteer based on creed, race, or gender.

**ILLEGAL SUBSTANCES:** All coaches, officials, and parents must refrain from the use of alcohol, tobacco, and illegal substances at any youth sports event. Violators will be removed from the athletic event and potentially the remainder of the sport season is problem persists.

**EVALUATIONS:** In an effort to continually improve the quality of our programs, parents are asked to complete an evaluation at the conclusion of each sports program. This will allow parents to have input to the program and give them a vehicle in which to make suggestions, comments, or express concerns so that we may provide the highest quality program available to our youth.

I understand the above guidelines and will abide by the Boys & Girls Clubs of Oceanside Sports Academy.

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Coach

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Parent



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